

**SEVENTH  
ANNUAL  
ARCADIA  
HIGH SCHOOL  
INVITATIONAL  
TRACK MEET  
APRIL 20, 1974**

The 7up logo is enclosed in a square with rounded corners and a registered trademark symbol (®) to its right. It is positioned within a circular frame that is part of a larger graphic of a telephone handset.

**7up**®

A large graphic of a baseball is the central focus of the lower half of the page. It features a detailed illustration of the stitching on its surface. The baseball is positioned as if it is being held or is about to be thrown, with a cylindrical object, possibly a bat or a container, partially visible at the bottom left.

**OFFICIAL  
PROGRAM  
25c**

**A C.I.F. SANCTIONED EVENT**

**EVENT NO. 1**      **TIME, 5:30 p.m.**  
**TRIPLE JUMP**

National Interscholastic Record 52'6¼" Dave Tucker (San Joaquin Memorial 1970)  
 Meet Record New Event  
 Arcadia Field Record None

ORDER	ENTRANT	BEST
1.	ANTHONY BURNEY (78), Channel Islands	43'1"
2.	BOB FOY (18), Arcadia	43'1½"
3.	TODD KABERLINE (389), Workman	43'11"
4.	LOUIE ORTIZ (220), Los Alamitos	44'6"
5.	BART DIKS (94), Duarte	44'10"
6.	HOWARD EBERHART (388), Wilson, S.F.	46'7"
7.	PAT SCHMIDT (372), West Torrance	46'7"
8.	BRUCE SMITH (358), Ventura	46'7"
9.	DON BRYSON (537), Oakland	50'2¼"

**EVENT NO. 2**      **TIME, 5:30 p.m.**  
**DISCUS**

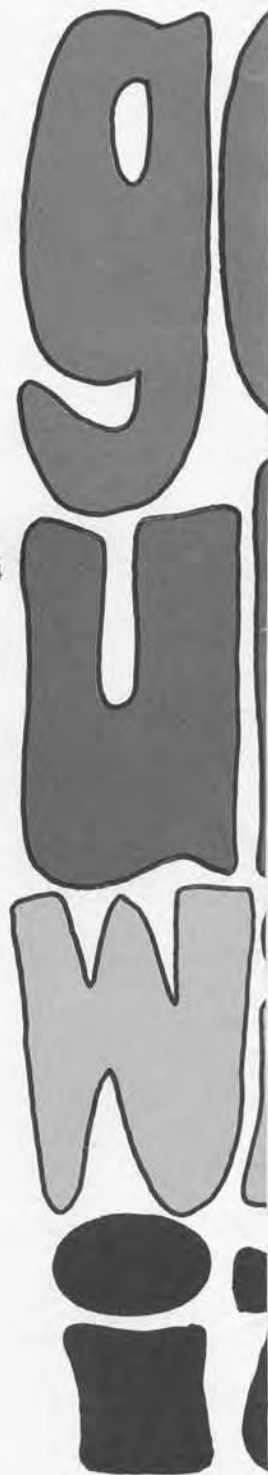
National Interscholastic Record 201'3" Chris Adams (Los Altos) 1970  
 Meet Record New Event  
 Arcadia Field Record None

ORDER	ENTRANT	BEST
1.	KEVIN CORBETT (108), El Dorado	152'4"
2.	DAN HENGGELER (371), West Torrance	153'7"
3.	CHARLIE CARRAWAY (251), M. Viejo	153'7"
4.	STEVE WESTROM (250), Mission Viejo	154'6"
5.	HARRY KOHAUT (355), Tustin	155'7"
6.	BOB McSEVENEY (140), Gahr	157'6"
7.	DWIGHT WOOD (344), Sierra	162'2"
8.	CURT EILENBERG (86), Costa Mesa	163'7½"
9.	JEFF BROWN (107), El Dorado	163'8"

**EVENT NO. 3**      **TIME, 6:30 p.m.**  
**POLE VAULT**

National Interscholastic Record 16'7" Bob Pullard (Los Angeles) 1969; Casey Carrigan (Orting) Washington 1969  
 Meet Record 15'0" Richard Yates (Inglewood) 1971  
 Arcadia Field Record 16'1½" Paul Wilson (Warren) 1965

ORDER	ENTRANT	BEST
1.	TOM CURRAN (91), Crespi	14'0"
2.	DANA HARRISON (19), Arcadia	14'0"
3.	BURT SUTHERLAND (173), Kennedy, L.A.	14'0"
4.	RICH FISHMAN (48), Beverly Hills	14'2"
5.	BRIAN WORDEN (296), Notre Dame, S.O.	14'2"
6.	JIM KILLEEN (357), Valencia	14'3"
7.	TIM VAHLSTROM (396), Villa Park	14'4½"
8.	JOHN CLEMMONS (35), Azusa	14'6"
9.	TIM WERNER (297), Notre Dame, S.O.	14'6"
10.	CRAIG WILSON (240), Millikan	15'0"
11.	BRIAN GOODMAN (1), Agoura	15'0"
12.	JIM KNAUB (185), Lakewood	15'3½"
13.	MIKE TULLY (239), Millikan	16'4"



**EVENT NO. 4**      **SHOT PUT**      **TIME, 6:30 p.m.**

National Interscholastic Record 72'3¼" Sam Walker (Samual) Texas 1968  
 Meet Record 64'11¾" Dave Doupe (Inglewood) 1973      Arcadia Field Record 64'11¾" Dave Doupe (Inglewood) 1973

ORDER	ENTRANT	BEST	ORDER	ENTRANT	BEST
1.	PAT ELLIS (93), Duarte	52'6"	10.	DAN HENGGELER (371), West Torrance	54'2"
2.	DWIGHT WOOD (344), Sierra	52'6"	11.	NICK POPOVICH (321), San Gabriel	54'2"
3.	BOB McSEVENEY (140), Gahr	52'8"	12.	MARK MADISON (200), Poly, L.B.	55'3"
4.	JIM WIRICH (283), Muir	52'8"	13.	PAUL TOMA (242), Miraleste	56'2½"
5.	BRAD LONG (354), Tustin	53'1½"	14.	BLAIR BUSH (301), Palos Verdes	56'8"
6.	KEVIN DONAHUE (169), Inglewood	53'2"	15.	DAN LINDQUISTER (345), Simi Valley	56'11¾"
7.	JACK LANSFORD (17), Arcadia	53'2½"	16.	BRAD SLINKARD (538)	57'3"
8.	KEN WALKER (54), Burbank	53'7½"	17.	C. YARBROUGH (128), Fremont	60'11"
9.	STEVE SMITH (190), Locke	53'9½"	18.	DAVE KURRASCH (342), Santa Ana	63'5¼"

**EVENT NO. 5****SHOT PUT (WOMEN)****TIME, 6:30 p.m.**

Meet Record 41'5" Kay Ilertson (Valencia) 1973  
 Arcadia Field Record 41'5" Kay Ilertson (Valencia) 1973

ORDER	ENTRANT	BEST	ORDER	ENTRANT	BEST
1.	NINA MENARD (478), Ontario	33'4"	9.	JULIE FLYNN (447), La Canada	34'10"
2.	ROXANN JACKSON (432), Duarte	33'4½"	10.	FELECIA NORRIS (433), Duarte	35'¼"
3.	BEV BOLTON (396), Alhambra	33'7¼"	11.	KAREN JOHNSON (52), Ventura	35'6"
4.	DONNELLE MARSH (485), Palos Verdes	33'8"	12.	MARY TEEGARDEN (462), Monrovia	35'8¾"
5.	VICKIE KURAS (497), Royal	33'11"	13.	LINDA THOMAS (474), Muir	37'0"
6.	ADRIANA SEZZI (522), Ventura	34'0"	14.	HEIDI KAUTI (446), La Canada	37'7"
7.	GENEAH SHIER (464), Monrovia	34'½"	15.	KAY ILERTSON (519), Valencia	39'8½"
8.	DAPHNE COLEMAN (441), Fontana	34'8"			

**EVENT NO. 6****LONG JUMP****TIME, 6:30 p.m.**

National Interscholastic Record 25'9½" Gerald Hardeman (Edison) Calif. 1972  
 Meet Record 24'10" Jim Spillane (Palos Verdes) 1973  
 Arcadia Field Record 24'10" Jim Spillane (Palos Verdes) 1973

ORDER	ENTRANT	BEST	ORDER	ENTRANT	BEST
1.	DAMOND COWLAH (259), Monroe	22'2"	11.	JOHN GIBSON (264), Morningside	22'7½"
2.	ROLAND SOLOMAN (58), Cabrillo	22'2"	12.	RAY KELLY (201), Poly, L.B.	22'8"
3.	BILL SMITH (285), Muir	22'2"	13.	MIKE MALINOSKI (2), Alemany	22'9¼"
4.	FRED SANDERS (286), Muir	22'3"	14.	RAYMOND REEB (37), Bassett	22'9½"
5.	KEN WALKER (54), Burbank	22'4¾"	15.	KEVIN MORNING (307), Pasadena	22'10"
6.	PERRY JAMES (229), Los Angeles	22'5"	16.	BOBBY JONES (153), Gardena	22'11"
7.	LEON GOODIN (203), Poly L.B.	22'5"	17.	DON BRYSON (537), Oakland	23'5"
8.	MIKE GILLIAM (202), Poly, L.B.	22'6"	18.	JOHN SUTTON (263), Morningside	23'8½"
9.	HAROLD EBERHART (388), Wilson, S.F.	22'6"	19.	KEVIN COLE (152), Gardena	24'1"
10.	RICHARD HOWARD (65), Carson	22'7"			

**EVENT NO. 7****LONG JUMP (WOMEN)****TIME, 6:30 p.m.**

Meet Record 17'8¾" Pat Anderson (Valencia) 1972  
 Arcadia Field Record 17'8¾" Pat Anderson (Valencia) 1972

ORDER	ENTRANT	BEST	ORDER	ENTRANT	BEST
1.	MARIE ST. AMOUR (414), Chatsworth	16'3"	9.	GWENDY CHANG (435), Esperanza	16'7"
2.	JEANINE CARDIFF (421), Coachella Valley	16'3"	10.	LYNN BARNES (465), Monrovia	16'7"
3.	CHERYL BOLTON (398), Alhambra	16'3¼"	11.	REVEL CARTER (440), Fontana	16'8"
4.	DIANA NADIN (502), Royal	16'4½"	12.	KATHY SHAW (507), Royal Oak	16'10"
5.	CHERYL CZORNY (516), University, Irv.	16'5½"	13.	BARBARA SINCLAIR (406), Arcadia	16'11½"
6.	BARBARA MOORE (495), Royal	16'6"	14.	JENNY STARY (416), Claremont	17'3¼"
7.	DONNA FROMME (476), Ontario	16'6½"	15.	PAM CURRAN (461), La Reina	17'3½"
8.	CATHY ST. AMOUR (413), Chatsworth	16'6½"			

**EVENT NO. 8****HIGH JUMP****TIME, 6:30 p.m.**

National Interscholastic Record 7'1½" Dwight Stones (Glendale) 1971  
 Meet Record 6'8" Greg Fries (San Geronio) 1973  
 Arcadia Field Record 6'9" Larry Fisher (Notre Dame) 1965

ORDER	ENTRANT	BEST	ORDER	ENTRANT	BEST
1.	JOHN FOYE (188), Locke	6'6"	12.	RICH HOWARD (65), Carson	6'7"
2.	J. WASHINGTON (129), Fremont	6'6"	13.	PAT SCHMIDT (372), West Torrance	6'7½"
3.	MITCH HERELD (219), Los Alamitos	6'6"	14.	REGGIE GIVENS (150), Gardena	6'8"
4.	JIM HARDY (194), Jordan, L.B.	6'6"	15.	RICH PARKS (88), Crescenta Valley	6'8½"
5.	CRAIG FEOLA (109), El Dorado	6'6"	16.	STEVE LA RUSCH (160), Glendale	6'8½"
6.	JAY RIGGS (90), Crespi	6'6"	17.	BRUCE SMITH (358), Ventura	6'8¾"
7.	IMRE SANTHA (20), Arcadia	6'6"	18.	CHARLES HATCH (384), Wilson, S.F.	6'9½"
8.	MIKE MAXEY (51), Buena Park	6'6"	19.	VIC CHURCHILL (3), Alemany	6'10"
9.	TIM SIMCIK (172), Kennedy, L.A.	6'6"	20.	STEVE PETERIE (394), Warren	6'10¼"
10.	JOHN CASTLE, (118), El Segundo	6'7"	21.	DOUG CASE (183), Laguna Beach	6'10¼"
11.	JEFF MOORE (284), Muir	6'7"			

**EVENT NO. 9****HIGH JUMP (WOMEN)****TIME, 6:30 p.m.**

Meet Record 5'1" Sharon Farrell (Ventura) 1973  
 Arcadia Field Record 5'1" Sharon Farrell (Ventura) 1973

ORDER	ENTRANT	BEST	ORDER	ENTRANT	BEST
1.	CARMEN CARROUCHE (397), Alhambra	4'10"	10.	GLORIA CLABAUGH (499), Royal	4'11"
2.	LINDA THOMAS (474), Muir	4'10"	11.	ANN ROTHING (452), Laguna Beach	5'0"
3.	CINDI DAVIS (487), Palos Verdes	4'10"	12.	PAM FARRELL (523), Ventura	5'1"
4.	AMY THORNBERG (457), La Habra	4'10"	13.	ROXANN JACKSON (432), Duarte	5'1"
5.	BETH FOSSUM (417), Claremont	4'10 <sup>3</sup> / <sub>4</sub> "	14.	CECILIA RATHMELL (412), Brea-Olinda	5'2"
6.	JENNY STARY (416), Claremont	4'10 <sup>3</sup> / <sub>4</sub> "	15.	MARY BETH HOPKINS (411), Brea-Olinda	5'3"
7.	JAN SEVERSON (520), Valencia	4'11"	16.	BRENDA BRUCE (486), Palos Verdes	5'3"
8.	JULIE LENDL (501), Royal	4'11"	17.	PAM FARRALL (409), Arcadia	5'5"
9.	WENDY BOWLUS (500), Royal	4'11"			

**EVENT NO. 10****VARSITY 440 YARD RELAY****TIME, 7:00 p.m.**

National Interscholastic Record 40.2 Lincoln H.S., Texas 1970  
 Meet Record 41.8 (Santa Ana) 1970  
 Arcadia Field Record 41.8 Santa Ana 1970

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	FREMONT, Patton (127), Harris (130), Scott (131), Lumford (132)	42.9	5.	POLY, L.B., Roscoe (204), Moore (205), Haggerty (197), Robinson (196)	42.5
2.	WILSON, S.F., Farmer (381), Kirkman (383), Whitaker (385), Lewis (382)	42.1	6.	BELL, Enoex (44), Nelson (45), Woodward (46), Ford (42)	42.5
3.	GARDENA, Cole (152), Jones (153), Robinson (149), Broussard (154)	42.2	7.	MUIR, Bass (287), Baldwin (288), Herron (289), Sheets (282)	42.7
4.	CARSON, Bacon (66), Howard (65), King (67), Simmons (64)	42.4	8.	MONROE, Bastgian (260), Mathews (261), Cowlah (259), Brown (256)	42.7

**EVENT NO. 11****SOPH-FROSH 440 YARD RELAY****TIME, 7:05 p.m.**

Meet Record 44.2 Burbank 1973  
 Arcadia Field Record 44.2 Burbank 1973

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	DUARTE, Jackson (99), Holmes (100), Myles (101), Yates (95)	45.2	5.	CARSON, Smith (74), Bean (75), Wilson (76), Williams (77)	45.0
2.	FREMONT, Sholes (137), Grace (138), Daily (136), Williams (139)	44.1	6.	SAN LUIS OBISPO, Miller (334), Bang (338), Siebert (339), Souza (340)	45.0
3.	POLY, L.B., Curry (207), Montoyo (211), Hargrove (212), Washington (213)	44.8	7.	MORNINGSIDE, Gaines (271), Culpepper (272), Fisher (273), Cartell (274)	45.1
4.	PASADENA, Ford (308), Dean (309), Doster (310), Robinson (311)	44.9	8.	GAHR, Hendrix (145), Helzer (146), Hernandez (147), Thompson (143)	45.4

**EVENT NO. 12****WOMEN'S 440 YARD RELAY****TIME, 7:10 p.m.**

Meet Record 48.0 Crown Cities Track Club 1969  
 Arcadia Field Record 48.0 Crown Cities Track Club 1969

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	ARCADIA, Cavallero (404), Lipka (405), Sinclair (406), Tanacos (407)	52.2	5.	LAGUNA BEACH, Wankier (453), Andrews (449), Beshore (455), Minter (448)	51.6
2.	MUIR, Jardon (471), Jardon (472), Jankins (475), Strauter (473)	51.0	6.	MONROVIA, Smoot (466), Carter (467), Wyatt (468), Barnes (465)	52.1
3.	COSTA MESA, Lackey (424), Lester (425), Thompson (426), Cleaveau (430)	51.3	7.	ROYAL, Steele (503), Boian (504), Nadin (502), Moore (495)	52.1
4.	VENTURA, Boatner (525), Coyle (526), Catron (524), Rainey (527)	51.4	8.	LA HABRA, Mauldin (458), Reese (459), Thornberg (457), Rutledge (460)	52.2

**EVENT NO. 13****JUNIOR HIGH 440 YARD RELAY****TIME, 7:15 p.m.**

Meet Record 45.8 Meller 1970  
 Arcadia Field Record 41.8 Santa Ana 1970

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
	TO BE ANNOUNCED				



**EVENT NO. 14****120 YARD HIGH HURDLES****TIME, 7:25 p.m.**

National Interscholastic Record 13.5 Richmond Flowers (Lanier) Alabama 1965; William Tipton (Central) Michigan 1967;  
 Randall Lightfoot (Plainview) Texas 1971  
 Meet Record 14.1 Mike Johnson (Pasadena) 1973  
 Arcadia Field Record 14.1 Mike Johnson (Pasadena) 1973, Tod Gordinier (Glendora) 1971

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	TEDDY MYLES (92), Duarte	14.5	6.	MIKE KIRKMAN (383), Wilson, S.F.	14.0
2.	ROLAND SOLOMON (58), Cabrillo	14.4	7.	BRIAN FULTON (52), Burbank	14.2
3.	JAMES AUSTIN (280), Muir	14.2	8.	KEN RAY (4), Antelope Valley	14.4
4.	CHARLES HATCH (384), Wilson, S.F.	14.1	9.	KEN SMITH (531), Gardena	14.4
5.	FRED SHAW (279), Muir	13.9	10.	JOE DIEDRICH (295), Notre Dame	14.5

**EVENT NO. 15****880 YARD RUN****TIME, 7:35 p.m.**

National Interscholastic Record 1:48.8 Richard Joyce (Sierra) Whittier 1965  
 Meet Record 1:51.4 Robert Harrell (Santa Ana) 1972  
 Arcadia Field Record 1:51.4 Robert Harrell (Santa Ana) 1972

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	BRIAN DONAHUE (352), Taft	1:54.7	5.	KEVIN EATON (248), Mission Viejo	1:56.3
2.	GLENN HARTER (148), Ganesha	1:55.7	6.	CHUCK PACHECO (11), Arcadia	1:56.5
3.	STEVE BECK (343), Santa Monica	1:55.8	7.	JON COOK (249), Mission Viejo	1:56.5
4.	MIKE MARTIN (59), Cabrillo	1:56.2	8.	TERRY JACKSON (191), Lompoc	1:56.8

**EVENT NO. 16****WOMEN'S 880 YARD RUN****TIME, 7:40 p.m.**

Meet Record 2:14.0 Ruth Kleinsasser (Azusa) 1973  
 Arcadia Field Record 2:14.0 Ruth Kleinsasser (Azusa) 1973

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	RUTH KLEINSASSER (410), Azusa	2:11.1	5.	DEBBIE PORTER (512), Simi Valley	2:25.2
2.	AMY THOMPSON (426), Costa Mesa	2:18.5	6.	KATHY CHISAM (408), Arcadia	2:27.1
3.	HEATHER COYLE (526), Ventura	2:24.0	7.	LORRAINE FLOYD (511), San Gabriel	2:27.6
4.	KIM BOATNER (525), Ventura	2:25.0	8.	JANICE CARDIFF (421), Coachella Valley	2:28.0

**EVENT NO. 17****SOPH-FROSH DISTANCE MEDLEY RELAY****TIME, 7:45 p.m.**

Meet Record New Distance  
 Arcadia Field Record None

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	PALOS VERDES, Miller (302), Young (303), Hammit (304), Wyman (305)	10:40.0	8.	DUARTE, Yates (95), Contreras (96), Goodwin (97), Stone (98)	10:55.7
2.	EDISON, Christensen (104), Mansfield (105), Walczak (106), McConnell (103)	10:49.7	9.	SALESIAN, Cameenas (317), Garrola (318), Rodriguez (319), Lebija (320)	10:57.0
3.	POLY, L.B., Curry (207), Evans (208), Navarro (209), Meza (210)	10:49.7	10.	ARCADIA, Legg (21), Hallberg (22), Lund (24), Mew (23)	10:58.1
4.	SAN LUIS OBISPO, Miller (334), Weaver (335), Aguirre (336), Thoma (337)	10:50.3	11.	FREMONT, Fair (133), Morris (134), Brown (135), Dailey (136)	10:58.8
5.	EL DORADO, Dressel (114), Lybeck (115), Dutzi (116), Herst (117)	10:50.6	12.	CANYON, Uballe (539), Huddleston (540), Starinieri (541), Hethmon (541)	11:03.9
6.	GAHR, Mums (142), Thompson (143), Huffman (144), Arriola (141)	10:55.0	13.	CHANNEL IS., Miramontes (79), Smith (50), Cantu (81), Moreno (82)	11:04.0
7.	AVIATION, McGarvey (31), Rogers (32), Gibson (33), Zers (34)	10:55.0	14.	LOS ALAMITOS, Ahlstrom (221), Campbell (222), Fisher (223), Peterson (224)	11:08.0

**EVENT NO. 18****"FASTEST HUMAN" 100 YARD DASH****TIME, 8:00 p.m.**

National Interscholastic Record 9.3 William Gaines (Clear View) New Jersey 1967  
 Meet Record 9.8 Devon Trahan (Saddleback) 1971  
 Arcadia Field Record 9.7 Rusty Weeks (Alhambra) 1957; Manual Diaz (Mark Keppel) 1962

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	STEVE ZAK (370), West Torrance	9.8	6.	DWIGHT FORD (42), Bell	9.7
2.	RIDGEWAY ROBINSON (196), Poly, L.B.	9.8	7.	MIKE SIMMONS (64), Carson	9.8
3.	PAUL COMMANDER (189), Locke	9.7	8.	ERIC PATTON (127), Fremont	9.8
4.	IVORY LEWIS (382), Wilson, S.F.	9.7	9.	RUSSELL ROYSTON (363), Victor Valley	9.8
5.	MIKE FARMER (381), Wilson, S.F.	9.5	10.	RAYMOND REEB (37), Bassett	9.8

**EVENT NO. 19****WOMEN'S 100 YARD DASH****TIME, 8:05 p.m.**

Meet Record 10.8 Barbara Ferrell (Los Angeles Mercurettes) 1969  
 Arcadia Field Record 10.8 Barbara Ferrell 1969

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	CHERYL COBB (491), Pasadena	11.6	6.	GWEN JARDON (471), Muir	11.2
2.	REVEL CARTER (440), Fontana	11.5	7.	SABRINA STAUTER (473), Muir	11.4
3.	SANDS MINTER (448), Laguna Beach	11.5	8.	SONYA BOWE (415), Claremont	11.5
4.	REGINA JARDON (472), Muir	11.3	9.	SUE LACKEY (424), Costa Mesa	11.5
5.	GAYLE BUTLER (431), Duarte	11.2	10.	PAM CURRAN (461), La Reina	11.6

**EVENT NO. 20****"SANTA ANITA" MILE****TIME, 8:10 p.m.**

National Interscholastic Record 3:58.3 Jim Ryan (Wichita East) Kansas 1965  
 Meet Record 4:06.7 Barrie Williams (North Torrance) 1972  
 Arcadia Field Record 4:06.7 Barrie Williams (North Torrance) 1972

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	JOHN JOHNSON (532), Skyline	4:11.9	9.	ERIC TABOREK (15), Arcadia	4:19.8
2.	JOHN MUSICH (53), Burbank	4:13.7	10.	TOM SMITH (165), Granite Hills	4:19.8
3.	ANDY CLIFFORD (346), Sunny Hills	4:15.8	11.	RALPH SERNA (186), Loara	4:20.0
4.	ERIC HULST (182), Laguna Beach	4:16.0	12.	DAVE MEZA (198), Poly, L.B.	4:20.2
5.	JIM SCHANKEL (192), Lompoc	4:17.4	13.	ARMANDO CENDEJAS (50), Buena Park	4:20.7
6.	TIM GOLLNICK (314), Royal	4:17.7	14.	RICHARD NANCE (257),	4:21.0
7.	JOSE SAAVEDRA (187), Loara	4:18.0	15.	JOHN GOEKE (312), Rancho Alamitos	4:21.5
8.	CLIFF JURY (299), Palos Verdes	4:19.0	16.	RON YOUNG (43), Bell	4:21.8

**EVENT NO. 21****WOMEN'S MILE RUN****TIME, 8:20 p.m.**

Meet Record New Event  
 Arcadia Field Record 5:43.3 Barbara Sprague (Arcadia) 1974

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	SHELLEY LEWIS (529), Ventura	5:35.0	7.	MARY LOU RAMIREZ (477), Ontario	5:51.9
2.	DEBBIE PORTER (512), Simi Valley	5:39.9	8.	ADRIANA SANDOVAL (423), Coachella V.	5:52.0
3.	ERIN GALLAGHER (427), Costa Mesa	5:40.0	9.	JEANNIE STOLL (518), Valencia	5:54.3
4.	BARBARA SPRAGUE (403), Arcadia	5:43.3	10.	EVELYN STEWART (484), Palos Verdes	5:54.6
5.	KATHY BEATY (422), Coachella Valley	5:47.0	11.	NANCY SAMODOUROFF (470), Mont.	5:55.0
6.	JACQUE LEYRER (428), Costa Mesa	5:47.0	12.	MELINDA BENTON (530), Glendale	5:58.9

**EVENT NO. 22****JUNIOR HIGH 660 YARD RUN****TIME, 8:30 p.m.**

Meet Record 1:25.8 Doug Stuart (Foothills) 1970  
 Arcadia Field Record 1:21.6 Joe Nuzzo (Alhambra) 1962

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
TO BE ANNOUNCED					

**EVENT NO. 23****440 YARD DASH****TIME, 8:35 p.m.**

National Interscholastic Record 45.8 Ronald Ray (Ferguson) Va. 1972  
 Meet Record 47.5 Robert Harrell (Santa Ana) 1972  
 Arcadia Field Record 47.5 Robert Harrell (Santa Ana) 1972

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	GEORGE KAILIWAI (5), Antelope Valley	49.5	5.	HUBBART BEASLEY (262), Morningside	49.3
2.	ALLEN SHEETS (282), Muir	47.6	6.	ROY HAGGERTY (197), Poly, L.B.	49.4
3.	TOM LLOY (102), Edison	48.5	7.	KEVIN MORNING (307), Pasadena	49.5
4.	BILL HADDAD (85), Chatsworth	49.3	8.	STEVE SIMMONS (38), Bassett	49.6

**EVENT NO. 24****WOMEN'S 440 YARD RUN****TIME, 8:40 p.m.**

Meet Record 57.9 Jarvis Scott (L.A. Mercurettes) 1969; Patty Cape (Long Beach Comets) 1970  
 Arcadia Field Record 57.9 Jarvis Scott; Patty Cape 1970

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	MADELEINE LECOCQ (442), Glendora	61.1	5.	PAM RAINEY (527), Ventura	59.8
2.	BARBARA MOORE (495), Royal	58.2	6.	KIM BOATNER (525), Ventura	60.0
3.	LAURA JOHNSON (434), Esperanza	59.0	7.	SHELLEY LEWIS (529), Ventura	61.0
4.	DONNA FROMME (476), Ontario	59.8	8.	GAYLE BUTLER (431), Duarte	61.2

**EVENT NO. 25****180 YARD LOW HURDLES****TIME, 8:50 p.m.**

National Interscholastic Record 18.1 Steve Caminiti (Crespi) 1964; Don Castronovo (Oceanside) New York 1964; Earl McCullough (Long Beach Poly) 1964  
 Meet Record 19.3 Rich Walker (Apple Valley) 1973  
 Arcadia Field Record 18.8 Rusty Weeks (Alhambra) 1957

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	TEDDY MYLES (92), Duarte	19.5	6.	BRIAN FULTON (52), Burbank	19.1
2.	DALE WALTERS (184), Lakewood	19.5	7.	JOHN FOYE (188), Locke	19.1
3.	ROLAND SOLOMON (58), Cabrillo	19.2	8.	MIKE MALINOSKI (2), Alemany	19.3
4.	JIM AUSTIN (280), Muir	19.1	9.	KEN RAY (4), Antelope Valley	19.4
5.	FRED SHAW (279), Muir	18.8	10.	JOE DIEDRICH (295), Notre Dame, S.O.	19.5

**EVENT NO. 26****VARSITY DISTANCE MEDLEY RELAY****TIME, 9:00 p.m.**

National Interscholastic Record 10:02.5 (Lompoc) Calif. 1973  
 Meet Record 10:19.6 Excelsior 1973  
 Arcadia Field Record 10:19.6 Excelsior 1973

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	LA CANADA, Verniere (176), Dastrup (177), Sherburn (178), Koningh (179)	10:15.5	9.	GLENDORA, Centonze (162), Caballero (163), Sharp (161), Steinberger (164)	10:34.0
2.	MISSION VIEJO, Pagan (255), Eaton (248), Cook (249), Hower (254)	10:19.1	10.	GARDENA, Ransfer (155), King (156), Braun (157), Henry (158)	10:37.7
3.	SKYLINE, Smith (535), Mulkey (533), Windzer (536), Booth (534)	10:22.3	11.	ARCADIA, Gabriel (9), Piscitelli (10), Carlson (8), Leeper (7)	10:38.1
4.	ARROYO, Wernergreen (26), Yeutter (28), Alvarez (29), Gonzales (27)	10:24.7	12.	EL DORADO, Rhynard (110), De Bruin (111), O'Neil (112), Armstrong (113)	10:38.4
5.	CABRILLO, Dawkins (60), Martin (59), Zorich (61), Frasher (62)	10:28.2	13.	WEST TORRANCE, De Ford (373), Curry (374), Coletto (375), Larsen (376)	10:40.4
6.	MT. VIEW, Drelleshak (275), King (276), Nece (277), Flores (278)	10:30.5	14.	MORNINGSIDE, Beasley (262), Sipert (263), Colon (269), Tilford (270)	10:40.5
7.	SAN GABRIEL, Blacketeer (322), Simpson (323), Hahn (324), Curran (325)	10:31.0	15.	WILSON, L.B., Pearson (215), Ahlgrim (216), Watrous (217), Johnson (218)	10:45.0
8.	CARSON, King (67), Bowley (68), Wright (69), Villarreal (70)	10:33.0	16.	LYNWOOD, White (235), Terrozas (236), Read (237), Ball (238)	10:45.0

**EVENT NO. 27****JUNIOR HIGH 1320 YARD RUN****TIME, 9:15 p.m.**

Meet Record 3:25.4 Ed Camacho (Meller) 1971  
 Arcadia Field Record 3:07.7 George Husaruk (Montebello) 1963

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
TO BE ANNOUNCED					

**EVENT NO. 28****220 YARD DASH****TIME, 9:25 p.m.**

National Interscholastic Record 20.2 Forest Beaty (Hoover) 1961  
 Meet Record 21.8 Devon Trahan (Saddleback) 1971, Daveryle Jones (Palisades) 1973  
 Arcadia Field Record 21.4 Rusty Weeks (Alhambra) 1957

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	DARRYL BROWN (256), Monroe	22.1	5.	ERIC PATTON (127), Fremont	21.8
2.	IVORY LEWIS (382), Wilson, S.F.	21.3	6.	TONY GIPSON (214), Wilson, L.B.	21.8
3.	MIKE SIMMONS (64), Carson	21.4	7.	RIDGEWAY ROBINSON (196), Poly, L.B.	22.0
4.	STEVE SIMMONS (38), Bassett	21.7	8.	PERRY JAMES (229), Los Angeles	22.1



**EVENT NO. 29**      **TIME, 9:30 p.m.**

**"ARCADIA" TWO MILE RUN**

National Interscholastic Record 8:41.5 Steve Prefontaine (Marshfield) Oregon 1969  
 Meet Record 8:57.2 Terry Williams (Lompoc) 1972  
 Arcadia Field Record 8:57.2 Terry Williams (Lompoc) 1972

LANE	ENTRANT	BEST
1.	ERIC HULST (182), Laguna Beach	9:00.8
2.	ROGER FABING (193), Lompoc	9:06.5
3.	MIKE DURHAM (353), Troy	9:10.7
4.	JUAN MARTINEZ (364), Victor Valley	9:12.6
5.	MIKE ANNIS (347), Sunny Hills	9:15.0
6.	JOHN JOHNSON (532), Skyline	9:18.1
7.	GUY McROSKEY (233), Loyola	9:20.5
8.	PAUL DULANEY (300), Palos Verdes	9:20.8
9.	BOBBY THOMAS (159), Glendale	9:21.0
10.	DAVE BERNSTEIN (258), Monroe	9:21.2
11.	RANDY HORNEY (316), Royal	9:21.3
12.	SCOTT LAUER (16), Arcadia	9:23.0
13.	COLIN McCONNELL (103), Edison	9:24.0
14.	TIM HAMPTON (6), Antelope Valley	9:27.2
15.	JACK MARTINEZ (313), Rancho Alamitos	9:27.5
16.	GUY ARBOGAST (89), Crespi	9:29.9

**EVENT NO. 30**      **TIME, 9:45 p.m.**

**WOMEN'S MEDLEY RELAY**

Meet Record 1:52.1 Royal 1973  
 Arcadia Field Record 1:52.1 Royal 1973

LANE	ENTRANT	BEST
1.	ROYAL OAK, Young (509), Dunn (508), Shaw (507), Smith (510)	1:56.5
2.	VENTURA, Boatner (525), Fernandez (528), Coyle (526), Rainey (527)	1:53.0
3.	ROYAL, Godfrey (505), Varco (506), Boian (504), Moore (496)	1:53.2
4.	ARCADIA, Cavallero (404), Lipka (405), Tanacos (407), Sprague (403)	1:56.2
5.	COSTA MESA, Lackey (424), Lester (425), Thompson (426), Cleaveau (430)	1:56.2
6.	ONTARIO, McKenzie (482), Vigil (483), Carter (479), Fromme (476)	1:56.4
7.	ESPERANZA, Campbell (436), Atwood (437), Danforth (438), Dameron (439)	1:56.5
8.	GLENDORA, Riccio (443), Kostka (444), TALLEY (445), Lecocq (440)	1:57.0

**EVENT NO. 31**      **VARSITY MILE RELAY**      **TIME, 10:00 p.m.**

National Interscholastic Record 3:11.8 Memorial H.S. Texas 1967; Killian H.S. Florida 1969  
 Meet Record 3:17.0 Santa Ana 1972  
 Arcadia Field Record 3:17.0 Santa Ana 1972

LANE	ENTRANT	BEST	LANE	ENTRANT	BEST
1.	ARCADIA, Shonfeld (14), Griffith (13), Bohmke (12), Pacheco (11)	3:24.9	5.	POLY, L.B., Moore (205), Sprowl (206), Gilliam (202), Haggerty (197)	3:23.1
2.	MUIR, Austin (280), Chambers (290), Shaw (279), Sheets (282)	3:20.9	6.	GARDENA, Broussard (154), Brown (157), King (156), Ransfer (155)	3:23.9
3.	WILSON, S.F., Reece (386), Kirkman (383), Chism (387), Farmer (381)	3:21.9	7.	WESTCHESTER, Miley (377), Crawford (378), Ellis (379), Lee (380)	3:24.5
4.	LA CANADA, Jesson (174), Seamon (175), Verniere (176), Dastrup (177)	3:22.2	8.	BELL, Loya (47), Ford (42), Young (43), Enoex (44)	3:25.0